

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

توضیحات	اخلاق پزشکی برای همه رشته ها
	کتاب پزشک و ملاحظات اخلاقی (سه جلد)، سال انتشار: ۱۴۰۳
	کتب

ردیف	رشته : ارتوپدی	توضیحات
۱	کتاب: ارتوپدی بالغین و تکنیک های جراحی و ستون فقرات : - Campbell's Operative Orthopedics/ S. Terry Canale/ Mosby/2026 ارتوپدی اطفال: - Tachdjian's Pediatric Orthopaedics / J.A. Herring/ Sanders / 2021 شکستگی های اطفال و بالغین - Rockwood & Green Fractures in Adults/ R. Bucholz./ 2025 - Rockwood & Green Fractures in Children / J. Beaty, J.Kasser/ Lippincott/ 2025 مباحث مربوط به اندامها و ستون فقرات - Gray's Anatomy/2015	۱ - شکستگی اطفال تاجیان مورد ملاک نیست و حذف شود. ۲ - شکستگی های اطفال از راکفود اطفال می باشد. ۳ - شکستگی های ستون فقرات راکفود مورد ملاک است. ۴ - درمان عوارض شکستگی ها از کمپل و راکفود است.
	مجلات: 1 -Journal of Bone & Joint Surgery / American/ (سه سال اخیر تا ژانویه ۲۰۲۶) 2 -Instructional course / British / (سه سال اخیر تا ژانویه ۲۰۲۶)	فقط مباحث Current Concept review article

ردیف	رشته : آسیب شناسی	توضیحات
۲	کتاب:	1 – Robbins & Cotran Pathologic Basis of Diseases/ Vinay kumar, Abul Abbas, Jon Aster / Elsevier / 10th Edition/2020 2- Rosai and Ackerman's Surgical Pathology / John Goldblum, Laura Lamps, Jesse McKenney, Jeffrey Myers / Elsevier /11th Edition / 2018 3-Cibas and Ducatman's Cytology: Diagnostic Principles and Clinical Correlates /6th Edition/2025 4- Henry's Clinical Diagnosis and Management by Laboratory Methods/ Richard Mcpherson Matthew.Pincus / Elsevier Saunders / 24th Edition / 2021 فصول ۱و۲و۳و۴و۵و۶و۷و۸و۹و۱۰و۱۱و۱۲و۱۴ از کتاب: Cibas and Ducatman's Cytology (منبع شماره ۳)
	مجلات:	1- American.J. Of Surgical Pathology 2- American.J. Of Clinical Pathology 3 – Iranian J. Of Pathology منحصرأ مقالات مروری و سیستماتیک Review سه سال آخر به استثناء نه ماه قبل از آزمون

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رشته : بیماریهای داخلی	ردیف
- Harrison's Principles of Internal Medicine/ Braunwald, Eugene / Mc Graw Hill / 2025	کتاب : ۳

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ردیف	رشته : بیماریهای عفونی و گرمسیری	
۴	کتاب:	1- Mandell 's Principles and Practice of Infectious Diseases / Churchill livingston /2025 (۱۴۰ سوال) برای امتحان سال ۱۴۰۵ مباحث زیر از کتاب مندل حذف می باشد: فصول ۱ تا ۵۶ و فصلهای ۱۳۸-۱۴۱-۱۴۸-۱۵۵-۱۵۶-۱۵۸-۱۶۳-۱۶۶-۱۶۸-۱۷۱-۱۷۴-۱۷۶-۱۷۹-۱۸۱-۱۸۲-۱۸۳-۱۸۵-۱۸۶-۱۹۱-۱۹۲-۱۹۴-۱۹۵-۱۹۶-۱۹۷-۱۹۸- ۲۰۱-۲۱۰-۲۱۳-۲۱۸-۲۲۰-۲۳۳-۲۳۹-۲۴۱-۲۴۲-۲۴۴-۲۵۲-۲۵۴-۲۶۱-۲۶۶-۲۶۷-۲۶۹-۲۷۰-۲۷۱-۲۷۳-۲۷۴-۲۷۶-۲۷۷-۲۷۹-۲۸۲-۲۸۳- ۲۸۶-۲۸۷-۲۸۸-۲۸۹-۲۹۰-۲۹۱-۲۹۷-۲۹۸-۳۰۰-۳۰۱-۳۰۲
	مجلات	کلیه مقالات مروری و Clinical practice از ابتدای سال ۲۰۲۵ میلادی تا پایان مارچ ۲۰۲۷ 1- New England Journal of medicine از ابتدای سال ۲۰۲۵ میلادی تا پایان مارچ ۲۰۲۷ ۲-کلیه گایدلاین های IDSA ابتدای سال ۲۰۲۵ میلادی تا پایان مارچ ۲۰۲۷ (۲۵ سوال) گایدلاین درمان HIV- آخرین چاپ گایدلاین پروفیلاکسی بعد از تماس HIV- آخرین چاپ گایدلاین CCHF آخرین چاپ

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ردیف	رشته : بیماریهای قلب و عروق	توضیحات
۵	کتاب	1 - Heart Disease / Braunwald/ W.B. Saunders / 2026 2 – Practical cardiology / Dr.Maleki/ 2022 از کتاب Practical Cardiology برای آزمون ارتقا معادل ۲۰ سوال و برای آزمون گواهینامه و دانشنامه تخصصی ۱۵ سوال در نظر گرفته شده است مابقی سوالات از کتاب Braunwald طرح خواهد شد. ۳-گایدلاین ها: متعاقباً اعلام می گردد.

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توضیحات	رشته : بیماریهای مغز و اعصاب	ردیف
	کتاب: - Adams and Victor's Principles of Neurology/ 12th edition / 2023 / <u>chapter 1-29</u> - Merritt's Neurology /14th edition/ 2021 - Electromyography and neuromuscular disorder / Preston & Shapiro/ 4th edition / 2020 - بجز فصول و مباحث مربوط به سونوگرافی عصب و عضله - Atlas of EEG Seizure Semiology and Management / Karl E. Misulii/ 3rd edition /2022	۶
	مجله: - Current Journal of Neurology 2024 – 2026 (only review and guideline) - Continuum Lifelong Learning in Neurology – LWW Journals /2024 – 2025-2026	

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ردیف	رشته : بیهوشی	توضیحات
۷	کتاب:	کلیه فصول کتاب میلر بجز : ۱-۲-۴-۵-۶-۷-۲۳-۲۶-۵۹-۶۷-۸۴-۸۵-۸۶-۸۷ کتاب کواگزیزست همه فصول کتاب دلینجر فقط فصول انتخابی زیر : ۹-۱۰-۱۱-۱۴-۱۸-۱۹-۲۰-۲۱-۲۲-۲۳-۲۴-۲۶-۲۸-۳۲-۳۴-۳۶-۳۷-۳۹-۴۰-۴۱-۴۲-۴۵-۵۲-۵۳-۵۴-۵۵-۵۸-۵۹-۶۰-۶۳-۶۴-۶۹-۷۲-۷۴-۷۷-۷۸
	مجلات:	1- Anesthesia and Analgesia (Eng) / (R.A) / مقالات مروری / 2024- 2026 2- British Journal of Anesthesia/ (R.A) / مقالات مروری / 2024 - 2026 ۳ - کل مقالات ۱۴۰۵ - ۱۴۰۳ مجله علمی پژوهشی انجمن بیهوشی و مراقبتهای ویژه ایران

۸- رشته: پزشکی پیشگیری و اجتماعی	
منبع	فصول منتخب
Life Style Medicine, Rippe, James M., 2024	Part I Lifestyle Management and Prevention of Cardiovascular Disease Chapter 1 The Rationale for Intervention to Reduce the Risk of Cardiovascular Disease [Necessary] Chapter 2 Lifestyle Strategies for Risk Factor Reduction and Treatment of Cardiovascular Disease [Necessary] Chapter 3 Physical Activity and Fitness in the Prevention of Cardiovascular Disease [Necessary] Chapter 4 Clinical Strategies for Managing Dyslipidemias [Necessary] Chapter 5 Lifestyle Management and Prevention of Hypertension [Necessary] Part II Nutritional Aspects of Lifestyle Medicine Chapter 7 Nutrition and Cardiovascular Disease [Necessary] Chapter 8 Optimal Nutrition Guidance for Older Adults [For further reading] Chapter 11 Nutrition, Lifestyle, and Environment [For further reading] Part III Physical Activity Chapter 13 Implementation of the Exercise Prescription [For further reading] Chapter 14 The Role of Physicians in Promoting and Prescribing Increases in Physical Activity [For further reading] Chapter 15 Physical Fitness Evaluation [For further reading] Chapter 16 Exercise Prescription for Apparently Healthy Individuals and for Special Populations [Necessary] Chapter 18 Overcoming Sedentary Behavior [For further reading] Chapter 19 Promoting Regular Physical Activity [For further reading] Part IV Behavioral Medicine Chapter 20 Behavior Change [For further reading] Chapter 21 Applying Psychological Theories to Promote Healthy Lifestyles [Necessary] Chapter 22 Motivational Interviewing and Lifestyle Change [Necessary] Chapter 23 Transtheoretical Model [For further reading]

	Chapter 24 The Impact of Positive Psychology on Behavioral Change and Healthy Lifestyle Choices [For further reading] Chapter 25 The Intention–Behavior Gap [For further reading] Chapter 26 Cognitive–Behavioral Change Approaches to Enhancing Physical Activity Participation and Decreasing Sedentary Behavior in Adults [For further reading] Chapter 27 Enhancing the Nutrition Prescription Using Behavioral Approaches [For further reading] Chapter 28 Behavioral Approaches to Manage Stress [For further reading] Chapter 29 Health Coaching and Behavior Change [Necessary] Part V Lifestyle Medicine Approaches to Dysglycemia Chapter 30 Overview: Dysglycemia-Based Chronic Disease—Exposing Lifestyle Medicine Targets [For further reading] Chapter 31 Context: Impact of Dysglycemia and Lifestyle Medicine on Cardiometabolic-Based Chronic Disease [For further reading] Chapter 32 Management: Lifestyle Medicine Approaches to Insulin Resistance, Prediabetes, Type 2 Diabetes, and Diabetes Complications [Necessary] Chapter 33 Implementation: Lifestyle Medicine Tactics to Optimize Dysglycemia Care [For further reading] Part VI Lifestyle Issues in the Prevention and Treatment of Cancer Chapter 35 Exercise Oncology: The Role of Exercise across the Cancer Control Continuum [Necessary] Chapter 36 The Health Consequences of Tobacco Use and Addiction: Assessment and Treatment [Necessary] Chapter 38 Cancer Prevention Vaccines [Necessary] Chapter 40 The Importance of Nutrition in Cancer Prevention [Necessary] Part VII Obesity and Weight Management Chapter 41 Exercise Management for the Patient with Obesity [Necessary] Chapter 42 Dietary Management of Overweight and Obesity [Necessary] Chapter 43 A Clinical Approach to Pharmacological Management of the Patient with Obesity [Necessary] Part IX Pulmonary Medicine Chapter 49 Asthma [For further reading]
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	Chapter 50 Occupational and Environmental Lung Diseases [Necessary] Chapter 52 Influenza [Necessary] Chapter 53 Indoor Air Quality [For further reading] Chapter 54 COVID-19 [Necessary] Part X Obstetrics, Gynecology, and Women's Health Chapter 56 Menstrual Health and Menopause [For further reading] Chapter 57 Female Breast and Gynecologic Cancer [Necessary] Part XII Lifestyle Components of Pediatric Medicine Chapter 64 Pediatric Preventive Medicine: An Introduction [For further reading] Chapter 65 Cardiovascular Risk and Physical Activity in Children [Necessary] Chapter 66 Cardiovascular Risk and Diet in Children [Necessary] Chapter 67 Sleep and Obesity Prevention in Children and Adolescents [Necessary] Chapter 68 Childhood Obesity [For further reading] Chapter 70 Diagnosis, Management, and Treatment of Systemic Hypertension in Youth [Necessary] Part XIV Mental Health and Psychiatry in Lifestyle Medicine Chapter 76 Lifestyle Psychiatry: An Overview [For further reading] Chapter 78 Diet and Exercise Interventions in the Management of Psychiatric Disorders: Mechanism and Efficacy [Necessary] Chapter 79 Risk and Protective Factors for Mental Health Part XV Preventive Neurology [For further reading] Chapter 82 Sleep and Lifestyle Medicine [Necessary] Chapter 83 Headache and Lifestyle Medicine [Necessary] Chapter 84 Stroke and Vascular Brain Diseases [Necessary] Chapter 85 Alzheimer's Disease [For further reading] Part XVI The Practice of Lifestyle Medicine Chapter 86 Definition of Lifestyle Medicine* [For further reading] Chapter 87 Health Provider Core Competencies in Lifestyle Medicine [For further reading] Chapter 88 Lifestyle Medicine Clinical Processes [For further reading] Chapter 89 Emotional Health and Stress Management [Necessary] Part XVII Substance Abuse and Addiction
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	Chapter 97 Behavioral Approaches to Enhancing Cigarette Smoking Cessation [Necessary] Chapter 98 Alcohol Use Disorders [Necessary] Chapter 99 Diagnosis and Treatment of Opioid Use Disorders [For further reading] Chapter 100 Cannabis Use Disorder and Treatment [For further reading] Chapter 101 Digital Health Technology for Behavior Change [For further reading] Chapter 102 Psychosocial Interventions for the Treatment of Substance Use Disorders [Necessary] Chapter 103 The Digital World and Addiction Treatment [For further reading] Part XVIII Lifestyle Medicine in Geriatrics Chapter 104 How Geriatrics Principles and Paradigms Can Inform Lifestyle Medicine Practice [For further reading] Chapter 105 Addressing Physical Function, Sarcopenia, and Frailty through Lifestyle Medicine [Necessary] Chapter 106 Reducing Cognitive Decline through Lifestyle Medicine [Necessary] Chapter 109 Healthy Aging: Impact of Loneliness and Social Isolation [For further reading] Part XIX Health Promotion Chapter 111 Introduction to Health Promotion and Lifestyle Medicine [For further reading] Chapter 112 Motivation as Medicine [For further reading] Chapter 113 Hybrid Health Promotion: Patient-Centric Digital Tools to Support Healthier Lifestyles [Necessary] Chapter 114 Community as a Catalyst for Healthier Lifestyles [For further reading] Chapter 116 Future Directions of Health Promotion: The Role of the Physician [For further reading] Chapter 117 “Responders” and “Non-Responders” in Exercise Studies [For further reading] Part XX Exercise Psychology
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	Chapter 121 Influence of Physical Activity on Brain Aging and Cognition [For further reading] Chapter 122 Physical Activity and Anxiety [Necessary] Chapter 123 Physical Activity and Depression [Necessary] Part XXI Injury Prevention Chapter 128 Older Adult Falls: Epidemiology and Effective Injury Prevention Strategies [Necessary] Chapter 129 Suicide Prevention: CDC's Approach to Prevention [Necessary] Part XXII Public and Environmental Supports for Lifestyle Medicine Chapter 131 Policy and Environmental Supports for Physical Activity, Active Living, and Healthy Eating [Necessary]
Detels, R. ed., 2022. Oxford textbook of global public health. Oxford University Press, USA. SEVENTH EDITION	SECTION 1 The development of the discipline of public health 1.1 The scope and concerns of public health [Necessary] 1.3 The history and development of public health in low- and middle-income countries [For further reading] 1.4 Public health priorities in countries undergoing economic transition: the middle-income countries [Necessary] 1.5 Globalization [Necessary] SECTION 2 Determinants of health and disease 2.1 Determinants of health: overview [Necessary] 2.2 Politics of public health [Necessary] 2.3 Poverty, justice, and health [Necessary] 2.4 Socioeconomic inequalities in health in high-income countries: the facts and the options [Necessary] 2.5 Reducing health inequalities in developing countries [Necessary] 2.7 Water and sanitation [Necessary] 2.8 Food and nutrition [For further reading] 2.9 Climate change and human health [Necessary] 2.10 Behavioural determinants of health and disease [Necessary] 2.11 How access to healthcare affects population health [For further reading] SECTION 3 Public health policies, law, and ethics 3.1 Leadership in public health [Necessary] 3.2 Ethical principles and ethical issues in public health [Necessary]

	3.3 The right to health supports global public health [For further reading] 3.4 Law and the public's health [For further reading] 3.5 Health policy in developing countries [Necessary] 3.6 Public health policy in developed countries [Necessary] SECTION 4 Information systems and sources of intelligence 4.1 Information systems in support of public health in high-income countries [Necessary] 4.2 Community diagnosis and health information systems in low- and middle-income countries [Necessary] 4.3 New communication technologies, social media, and public health [For further reading] SECTION 5 Epidemiological and biostatistical approaches 5.1 Epidemiology: the foundation of public health [Necessary] 5.2 Cross-sectional studies [Necessary] 5.3 Principles of outbreak investigation [Necessary] 5.4 Case-control studies [Necessary] 5.5 Cohort studies [Necessary] 5.6 Qualitative research imagination [Necessary] 5.7 Methodological issues in the design and analysis of cluster randomized trials [Necessary] 5.8 Community intervention trials in high-income countries [Necessary] 5.9 Natural and quasi-experiments [Necessary] 5.10 Clinical epidemiology [Necessary] 5.11 Validity and bias in epidemiological research [Necessary] 5.12 Causation and causal inference [Necessary] 5.13 Systematic reviews and meta-analysis [Necessary] 5.14 Statistical methods [For further reading] 5.15 Measuring the health of populations: the Global Burden of Disease study methods [Necessary] 5.16 Mathematical models of transmission and control of infectious agents [Necessary] 5.17 Public health surveillance [Necessary] 5.18 Life course epidemiology and analysis [Necessary]
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	SECTION 6 Social science techniques 6.1 Sociology and psychology in public health [For further reading] 6.2 Sexuality and public health [For further reading] 6.3 Demography and public health [For further reading] 6.4 Health promotion, health education, and the public's health [Necessary] 6.5 Development and evaluation of complex multicomponent interventions in public health [Necessary] 6.6 Economic appraisal in public healthcare: assessing efficiency and equity [Necessary] 6.7 Behavioural economics and health [Necessary] 6.8 Governance and management of public health programmes [Necessary] 6.9 Implementation science and translational public health [For further reading] SECTION 7 Environmental and occupational health sciences 7.1 Environmental health methods [Necessary] 7.2 Radiation and public health [For further reading] 7.3 Occupational health [Necessary] 7.4 Toxicology and environmental risk analysis [For further reading] 7.5 Risk perception and communication [Necessary] 7.6 Urbanization and health [For further reading] SECTION 8 Major health problems 8.2 Cancer epidemiology and public health [Necessary] 8.5 Physical activity and public health [Necessary] 8.6 Diabetes mellitus [Necessary] 8.7 Public mental health and suicide [Necessary] 8.8 Dental public health [For further reading] 8.9 Musculoskeletal disorders [For further reading] 8.12 Sexually transmitted infections [Necessary] 8.13 Acquired Immunodeficiency Syndrome (AIDS) [Necessary] 8.14 Tuberculosis [Necessary] 8.15 Malaria [For further reading] 8.16 Viral alcoholic and fatty liver diseases [For further reading] 8.17 Emerging and re-emerging infections [Necessary]
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	8.18 Bioterrorism [For further reading] 8.19 Genetic epidemiology [For further reading] SECTION 9 Prevention and control of public health hazards 9.1 Tobacco [Necessary] 9.2 Substance use and misuse: considerations on global public health [Necessary] 9.3 Alcohol [Necessary] 9.4 Injury prevention and control: the public health approach [Necessary] 9.5 Interpersonal violence [Necessary] 9.6 Collective violence: war [Necessary] SECTION 10 Public health needs of population groups 10.1 The changing family [For further reading] 10.3 Child health [Necessary] 10.4 Adolescent health [Necessary] 10.5 Intersectional and social epidemiology approaches to understanding the influence of race, ethnicity, and caste on global public health [For further reading] 10.7 People with disabilities [Necessary] 10.8 Health of older people [For further reading] 10.9 Forced migrants and other displaced populations [For further reading] 10.10 Prisoners: a wicked problem for public health [For further reading] SECTION 11 Public health functions 11.1 Health needs assessment [Necessary] 11.2 The political economy of non-communicable diseases: lessons for prevention [Necessary] 11.3 Immunization and vaccination [Necessary] 11.4 Principles of infectious disease control [Necessary] 11.5 Medical screening: theories, methods, and effectiveness [Necessary] 11.7 Strategies and structures for public health interventions [Necessary] 11.8 Strategies for health services [Necessary] 11.9 Training of public health professionals in developing countries [Necessary]
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	11.10 Transformative learning for health professionals in the twenty-first century for the future health workforce [For further reading] 11.11 Humanitarian emergencies [Necessary] 11.12 Principles of public health emergency response for acute environmental, chemical, and radiation incidents [For further reading] 11.13 Private support of public health [Necessary] 11.14 Global health in the era of sustainable development [Necessary]
David, A.K., Fields, S.A., Phillips, D.M., Scherger, J.E. and Taylor, R.B. eds., 2022. Family medicine: Principles and practice. Springer Science & Business Media.	Part I: The Principles of Family Medicine 3 Family Issues in Health Care [For further reading] 4 Family Stress and Counseling [For further reading] 5 Population-Based Health Care [Necessary] Part II: Preventive Care 6 Clinical Prevention [For further reading] Part III: Pregnancy, Childbirth, and Postpartum Care 11 Medical Problems During Pregnancy [Necessary] 13 Problems During Labor and Delivery [For further reading] Part IV: Care of the Infant, Child, and Adolescent 17 Infectious Diseases in Children [Necessary] 18 Behavioral Problems of Children [Necessary] 19 Musculoskeletal Problems of Children [Necessary] 21 Health Care of the Adolescent [Necessary] Part V: Care of the Elderly 23 Common Problems of the Elderly [Necessary] 25 Elder Abuse [Necessary] Part VI: Family Conflict and Violence 27 Child Abuse and Neglect [Necessary] Part VII: Behavioral and Psychiatric Problems 31 Anxiety Disorders [Necessary] 32 Mood Disorders [Necessary] 34 Somatic Symptom and Related Disorders [For further reading] 36 Anxiety and Stress in Young Adults [Necessary] Part XIX: The Digestive System 91 Gastritis, Esophagitis, and Peptic Ulcer Disease [For further reading]

	92 Diseases of the Small and Large Bowel [For further reading] 96 Colorectal Cancer [For further reading] Part XX: The Renal, Urinary, and Male Genital Systems 99 Urinary Tract Infections [For further reading] 101 Diseases of the Kidney [For further reading] 102 Benign Prostate Conditions [For further reading] 103 Prostate Cancer [Necessary] Part XXI: The Female Reproductive System and Women`s Health 108 Menstrual Disorders [Necessary] 109 Menopause [For further reading] Part XXII: The Musculoskeletal System and Connective Tissue 117 Osteoarthritis [Necessary] Part XXIV: The Endocrine and Metabolic System 127 Osteopenia and Osteoporosis [For further reading] 128 Disorders of Nutrition [For further reading] Part XXV: The Blood and Hematopoietic System 130 Anemia [For further reading] Part XXVI: Family Medicine Applications 132 Medical Informatics, the Internet, and Telemedicine [Necessary] 133 Complementary and Alternative Medicine [For further reading] 134 Patient-Centered Medical Home [For further reading] 136 Engaging the Future of Family Medicine and Healthcare [For further reading]
Barton, B. and Peat, J., 2014. Medical statistics: A guide to SPSS, data analysis and critical appraisal. John Wiley & Sons.	All Chapters [Necessary]

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11. Ghaemi F, Hedayati F, Esteghamati A, Deravi N, Ghasemi E, Khaleghian M, Meysamie A. The complexity of associations between patient satisfaction, glycemic control and complications in diabetes care. *Journal of Diabetes & Metabolic Disorders*. 2026 Dec;25(2):200. [\[For further reading\]](#)
12. Abed M, Rashidi F, Adabi K, Rajaei S, Meysamie A. Admission routes and demographics as predictors of academic performance in medical students: a retrospective cohort of Grade Point Averages (GPAs) and comprehensive exam scores. *Advances in Medical Education and Practice*. 2026 Dec 31:574930. [\[Necessary\]](#)
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ردیف	رشته : پزشکی خانواده
۹	کتب: 1. Family Medicine Principles and Practic / Editors Paul M. Paulman , Robert B. Taylor . Leath s . Nasir / 2022 ۲- مجموعه راهنماهای بالینی مورد استفاده در نظام سلامت(کتاب راهنماهای بالینی ایران و ...) آخرین چاپ - برنامه ملی مراقبت کودکان سالم و بیمار - برنامه ملی مراقبت سالمندان - برنامه ملی مراقبت نوجوانان - برنامه ملی مراقبت بارداری - برنامه ملی مراقبت جوانان - برنامه ملی مراقبت میانسالان - مجموعه بیماریهای واگیر و غیر واگیر برای پزشک خانواده Uptodate 2025-2026 -مجموعه منتخب Morning Report ها و Case Presentations های دانشگاه های علوم پزشکی تربیت کننده دستیار

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : پزشکی قانونی	توضیحات
۱۰	کتاب:	1- Forensic Pathology/ Bernard Knight / 2026 2 – Textbook of Toxicology / Goldfrank/2019 3 – Clinical Forensic Medicine / Margaret M.Stark / 4 edition / 2020 ۴ – قوانین مجازات اسلامی – چاپ روزنامه رسمی کشور – ۱۳۹۲ به اضافه آخرین چاپ آراء وحدت رویه ۵ – کتاب قانون و روانپزشکی، تألیف دکتر سید مهدی صابری، ناشر: مرکز تحقیقات پزشکی قانونی، چاپ دوم – ۱۴۰۵
	مجلات:	- American Journal of Forensic Medicine and Pathology /2022, 2023, 2024 منحصراً مقالات مروری و سیستماتیک Review

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۱۱	کتب:	1- Clinical Sports Medicine; Foundation of Clinical Practice /Brukner P, Khan K/6th ed. McGraw-Hill /2025 2- Clinical Sports Medicine; Managing Injuries/Brukner P, Khan K /6th ed. McGraw-Hill /2026 3- Clinical Sports Medicine; Volume 2: The Medicine of Exercise (Parts B, C, D)/ Brukner P, Khan K /5th ed. McGraw-Hill /2020 4- Delee, Drez & Miller's Orthopaedic Sports Medicine / Miller MD, Thompson SR/5th ed. Elsevier Saunders / 2020 5- Rehabilitation Techniques for Sports Medicine and Athletic Training (Sections I, II, III)/Prentice WE /7th ed. SLACK/ 2020 6- ACSM's Guidelines for Exercise Testing and Prescription/ American College of Sports Medicine/12th ed. Wolters Kluwer/2026 7- ACSM's Nutrition for Exercise Science/Bernadot D/ American College of Sports Medicine/2nd ed. Wolters Kluwer/2025 8- Physiology of Sport and Exercise (Chapters 2, 5, 6, 9-12,16)/ Larry Kenney W, Wilmore JH, Costill DL/9th ed. Human kinetics/ 2025 9- Diagnostic Ultrasound: Musculoskeletal/ Griffith JA/3rd ed. Elsevier/ 2025 10- AACVPR Guidelines for Cardiac Rehabilitation Programs/6th ed. Human Kinetics/ 2020 11- AACVPR Guidelines for Pulmonary Rehabilitation Programs/5th ed. Human Kinetics/ 2019 12- A Practical Guide to Joint and Soft Tissue Injections/McNabb JW, O'Connor FG/4th ed. Wolters Kluwer/2022 13- Sports Medicine Acupuncture/AcuSport Education/ 2019

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1- 2025 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care, Part 7: Adult Basic Life Support. Circulation. 2025;152(16_suppl_2):S448-S478 2- 2025 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care, Part 9: Adult Advanced Life Support. Circulation. 2025;152(16_suppl_2):S538-S577 3- World Anti-Doping Agency (WADA) Prohibited List of Drugs and Methods (Last version) 4- World Anti-Doping Agency (WADA) World Anti-Doping Code, 2027 (Articles 1-5, 10-12)	دستورالعمل ها و قوانین:	
مقالات منتخب از ژورنال های مرتبط متعاقباً اعلام خواهد شد.	مجلات:	

ردیف	رشته پزشکی هسته ای	
12	کتب:	1. Nuclear Cardiology and Multimodal Cardiovascular Imaging: A Companion to Braunwald's Heart Disease. Marcelo Fernando Di Carli: 1st Edition; 2022 (<u>except for</u> these chapters: 1, 2, 4, 5, 12, 16, 19, 28, 30). 2. Nuclear medicine and molecular imaging: The requisites; Janis O'malley, Harvey Ziessman: 5th edition; 2021 (<u>except for</u> chapter 16) توجه: هدف از معرفی کتاب رکنیزیت آموزش و آشنایی دستیاران با اصول اولیه تصویربرداری مرسوم در پزشکی هسته ای می باشد و در صورتیکه سوالات طرح شده در امتحان ارتقاء، گواهینامه یا دانشنامه تداخلی با سایر منابع داشته باشد، ملاک پاسخدهی به سوالات کتاب رکنیزیت نبوده و سایر منابع معرفی شده مبنای تصمیم گیری خواهد بود. 3. Fundamentals of Body CT; W. Richard Webb: 5th Edition, 2019 4. Nuclear Cardiac Imaging Principles and Application Ami E. Iskandrian and Fadi G. Hage: 6th edition; 2024 (<u>only</u> these chapters: 4, 6, 7, 11, 12) 5. Volterrani D, et al. Nuclear Medicine Textbook: Methodology and Clinical Applications, Springer; 2019 (<u>except for</u> these chapters: 17, 18, 20, 27, 36, 40, 41, 42, 43, 44, 45, 46, 51)
	مجلات	Guidelines 1. EANM practice guideline/SNMMI procedure standard for dopaminergic imaging in Parkinsonian syndromes 1.0 (2020) 2. SNMMI Procedure Standard/EANM Practice Guideline for Brain [18F]FDG PET Imaging, Version 2.0 (2024) 3. SNMMI procedure standard/EANM practice guideline for diuretic renal scintigraphy in adults with suspected upper urinary tract obstruction 1.0 (2018) 4. PSMA PET/CT: joint EANM procedure guideline/SNMMI procedure standard for prostate cancer imaging 2.0. European Journal of Nuclear Medicine and Molecular Imaging. 50, pages1466–1486 (2023) 5. Kevin J. Donohoe et al. Appropriate Use Criteria for Lymphoscintigraphy in Sentinel Node Mapping and Lymphedema/Lipedema. Society of Nuclear Medicine and Molecular Imaging. (2023). 6. Matthew D. Ringel, et al. 2025 American Thyroid Association Management Guidelines for Adult Patients with Differentiated Thyroid Cancer, thyroid, Volume 35, Number 8, 2025 7. Francis GL, et al. Management guidelines for children with thyroid nodules and differentiated thyroid cancer. Thyroid. 2015 Jul;25(7):716-59. 8. Ross DS, et al. American Thyroid Association guidelines for diagnosis and management of hyperthyroidism and other causes of thyrotoxicosis. Thyroid. 2016 Oct;26(10):1343-1421 (2016).

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2. Martineau P, Bazarjani S, Zuckier LS. Artifacts and incidental findings encountered on dual-energy x-ray absorptiometry: Atlas and analysis. Semin Nucl Med. 2015;45(5):458-69.
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7. Reza Vali et al. Practical approach to diuretic renography in children Techniques, interpretation, and pitfalls. Semin Nucl Med 56:258-277, 2025. <https://doi.org/10.1053/j.semnuclmed.2025.11.023>
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9. Del Olmo-García MI et al. Prevention and management of hormonal crisis during theragnosis with Lu-DOTA-TATE in neuroendocrine tumors. A systematic review and approach proposal. J Clin Med. 2020 Jul 12;9(7):2203. 10. Mihailovic J et al. PET/CT Variants and Pitfalls in Head and Neck Cancers Including Thyroid Cancer. Seminars in Nuclear Medicine. 2021;51(5):419-440. 11. Lopci E et al. PET/CT Variants and Pitfalls in Lung Cancer and Mesothelioma. Seminars in Nuclear Medicine. 2021;51(5):458-473. 12. EG et al. PET/CT Variants and Pitfalls in Breast Cancers. Seminars in Nuclear Medicine. 2021;51(5):474-484. 13. Jayaprakasam VS et al. Variants and Pitfalls in PET/CT Imaging of Gastrointestinal Cancers. Seminars in Nuclear Medicine.2021;51(5):485-501 14. Arslan E et al. PET/CT Variants and Pitfalls in Liver, Biliary Tract, Gallbladder and Pancreas. Seminars in Nuclear Medicine. 2021;51(5):502-518. 15. Imperiale A et al. Variants and Pitfalls of PET/CT in Neuroendocrine Tumors. Seminars in Nuclear Medicine. 2021;51(5):519-528. 16. Pilkington P et al. FDG-PET/CT Variants and Pitfalls in Haematological Malignancies. Seminars in Nuclear Medicine. 2021;51(6):554-571. 17. Agrawal A et al. PET/CT Normal Variants and Pitfalls in Pediatric Disorders. Seminars in Nuclear Medicine. 2021;51(6):572-583. 18. Benz MR et al. PET/CT Variants and Pitfalls in Bone and Soft Tissue Sarcoma. Seminars in Nuclear Medicine. 2021;51(6):584-592. 19. Dejanovic D et al. PET/CT Variants and Pitfalls in Gynecological Cancers. Seminars in Nuclear Medicine. 2021;51(6):593-610. 20. Vasireddi A et al. PET/CT Limitations and Pitfalls in Urogenital Cancers. Seminars in Nuclear Medicine. 2021;51(6):611-620. 21. Mei R et al. PET/CT Variants and Pitfalls in Prostate Cancer: What You Might See on PET and Should Never Forget. Seminars in Nuclear Medicine. 2021;51(6):621-632.		
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23. UJ et al. Pitfalls on PET/CT Due to Artifacts and Instrumentation. Seminars in Nuclear Medicine. 2021;51(6):646-656.		
24. Burkett BJ et al. How We Do It: A Multidisciplinary approach to 177 Lu DOTATATE peptide receptor radionuclide therapy. Radiology. 2021 Feb;298(2):261-274.		
25. Second Version of the Prostate Cancer Molecular Imaging Standardized Evaluation Framework Including Response Evaluation for Clinical Trials (PROMISE V2); Robert Seifert. et al, European urology (2023)		
26. Isabelle Keller-Petrot et al. Congenital Hypothyroidism: Role of Nuclear Medicine DOI 10.1053/j.semnuclmed.2016.10.005		

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ردیف	رشته : پوست و مو	توضیحات
۱۳	کتاب :	1- Practical Dermatopathology. Rapini, R. P. Elsevier 3rd edition, 2021 2- Dermatology. Bologna JL. Elsevier 5th edition, 2025 3 – Procedures in cosmetic dermatology: Lasers lights and energy devices. Elizabeth L Tanzi, Jeffrey S. Dover, Leah K. Spring. 5th edition, 2023 فصول ۲-۳-۴-۵-۶-۷-۹-۱۰-۱۲-۱۵ 4- Procedures in cosmetic dermatology: Soft tissue augmentation. Jean Carruthers, Alastair Carruthers, Jeffrey S. Dover, Murad Alam, Omer Ibrahim. 5th edition, 2023 کل کتاب بجز فصول ۲۸-۲۹-۳۰-۳۳ 5- Procedures in cosmetic dermatology: Scar management. Jessica G. Labadie, Murad Alam, Jeffrey S. Dover. 2nd edition, 2026 کل کتاب بجز فصول ۷-۶ *6-Procedures in cosmetic dermatology: Surgical lifting. Khorasani Hooman,Levit Eyal. 1st edition,2024
	مجله:	*منبع شماره ۶ صرفاً جهت آزمون دانشنامه می باشد. مقالات منتخب متعاقباً اعلام میگردد. - Journal of American Academy of Dermatology (JAAD)/2025

ردیف	رشته : جراحی عمومی	توضیحات
۱۴	کتاب: برای تکنیکهای جراحی:	Sabiston <u>کل کتاب</u> بجز فصول: ۱-۲-۳-۵-۶-۷-۸-۹-۱۲-۱۳-۱۴-۱۷-۱۸-۲۴-۲۹-۵۲-۵۴-۵۵-۵۶- ۵۷-۵۸-۵۹-۱۱۱-۱۱۲-۱۱۳-۱۱۴ (صفحات ۱۹۲۴-۱۹۱۵ آمبولی مزمن)- ۱۱۵-۱۱۶-۱۱۸ توضیح اینکه نسخه چاپی کتاب Sabiston برخی فصول را ندارد و این فصول باید از نسخه الکترونیک مطالعه شود. Schwartz منحصراً فصول: ۴۳-۴۵-۴۶
	مجله:	3- Maingot /2019 4- Zollinger's Atlas of Surgical Operations/ آخرین چاپ Surgical Clinics of North American منحصراً مقالات مروری و سیستماتیک Review سه سال آخر به استثناء نه ماه قبل از آزمون

رشته: جراحی قفسه صدری		
1 - Shields TW. General thoracic surgery. Philadelphia: Lippincott Williams & Wilkins / 2019 2-SABISTON and SPENCER SURGERY of the CHEST / 10th Edition / 2024 3-Schwartz Principles of Surgery/ McGraw – Hill/2019 4-Sabiston Textbook of Surgery / Saunders/ 2026	کتاب :	۱۵
۴- گرایش های امروزه در درمان جراحی تنگی های بعد از لوله گذاری نای – دکتر عزیر اله عباسی – ۱۳۹۴ انتشارات زروام کلیه مجلات زیر ۳ سال آخر بجز ۹ ماه قبل از آزمون 1. Thoracic Surgery Clinics 2. Annals of Thoracic Surgery 3. European Journal Cardiothoracic 4. Journal of Thoracic & Cardiovascular Surgery 5. New England Journal of Medicine 6. AIM ۷. نشریه جراحی ایران ۸. مجله تنفس از سال ۱۳۹۵ به بعد ۹. مقالات مطرح شده در ژورنال کلاب های ماهیانه انجمن جراحان توراکس ایران	مجلات:	

توضیحات:

در این دوره ۵ تا ۲۵٪ درصد سئوالات از مجلات فوق خواهد بود.

رشته: جراحی قلب و عروق		
1- Textbook of Cardiac surgery / Kerklin ۲۵-۱ / فصل / Fifth edition / 2025	کتاب :	۱۶
2- Surgery of the chest / Sabiston / 2024 / دهمین چاپ / قسمت Congenital Heart Surgery فصول ۱۰۸ تا ۱۳۷ بجز فصل ۱۱۷		
2025, ESC/EACTS, Guidelines, for, the, management, of, valvular, heart, disease	مجلات:	

ردیف	رشته : جراحی کلیه و مجاری ادراری تناسلی	توضیحات
۱۷	۱ - کتاب جامع اورولوژی ایران / مولفین: دکتر ناصر سیم فروش، دکتر اکبر نورعلیزاده، دکتر محمدحسین سلطانی، دکتر مهدی دادپور. انتشارات تیمورزاده، نشر طبیب، ویراست پنجم، سال ۱۴۰۵. ۲ - کتاب کمپل اورولوژی / سال ۲۰۲۶ کتاب:	فصول منابع متعاقباً اعلام می گردد.
	گایدلاین ها	1.www.unrc.ir 2.www.iurtc.org.ir

توضیحات	۱۸ - رشته : جراحی مغز و اعصاب - ارتقاء
	1 – Youmans Neurological Surgery/ 2021- (Eighth Edition) Section I : 1-2-3-4-7-10-11-12-15-16-17-18-20 Section II : 21- 22-23-24-25-26-33-34-35-37-38-39-42-43-44-45-46-47-48-49-50-51-53-54-55-56-57-58-59 Section III: 68-69-70-72 Section IV: 80-81-83-87- 99-101 Section V: 104-105-106-109-110-111-112-114-126-127-128 Section VI: 133-139-140-142-143-144-146-147-151-152-153-157 A/B -158-159-160-161-163-164-165-166-167-168-169-170-171-172 173-174-175-176-177-179-180-183-184-186-187-188-189-190 Section VII:191-193-197-200-201-206-208 Section VIII:213-214-215-216-217-219-220-222-223-224-227-228-230-233-234-235-236-237-238-239-240-241-242-243-244-245-246-249-250-251-252-254- 255-257-258-259-260-261-264 Section IX: 271-272-273-276-277-278-281-284-285 Section X: 290-298-299-300 Section XI: 304-305-306-307-308-310-311-312-313-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-332-333-334-335-336-337-338-339-340- 341-342-343-344-346-349-350-352-353-357-358-359-360-361-362-367 Section XII:374-384-387-391-393-394-396-399-400-402 Section XIII:414-416-421-422-423- 426-427-428-429-430-435-436-437-438-439-440-441-442-443-444-447-448-449-450-452-455-456-457-458-461-462- 463-464 2 – SNELL'S Clinical Neuroanatomy (Eighth Edition) : 4-5-6-7-8-9-10-11-12-13-14-15-16-17 3 - Merritt's Neurology / 2021(Fourteenth Edition) : 4 - 5 - 6 – 10 - 11 - 12 - 14 -15 - 16 -17- 19- 20- 26 -27- 29 - 32 -36 -37- 43- 44 - 45 -51- 52- 53 - 54 - 56 - 62 - 71- 72- 73- 78- 79- 80- 81- 82-88- 89 -93- 94 – 112- 115- 118- 146- 147 4 - Medical Physiology Guyton / 2021 (Fourteenth Edition) : 46 -47-48-52-53 -54 - 55-56-57-58-59-61

توضیحات	۱۸- رشته : جراحی مغز و اعصاب - گواهینامه و دانشنامه تخصصی
	1 – Youmans Neurological Surgery/ 2021- (Eighth Edition) Section I : 1-2-3-4-7- 9-10-11-12-15-16-17-18-20 Section II : 21-22-23-24-25-26- 28-29-33-34-35-36-37-38-39-40-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59 Section III: 64-66-67-68-69-70-72-74-76 Section IV: 80-81-83-86-87-92-94A /B -95-96-97-98-99-100-101 Section V: 104-105-106-109-110-111-112-114-118-124-125-126-127-128-130 Section VI: 133-135-139-140-142-143-144-146-147-151-152-153-155-157 A/B -158-159-160-161-163-164-165-166-167-168-169-170-171-172- 173-174-175-176-177-178-179-180-181-183-184-186-187-188-189-190 Section VII: 191-197-200-201-204-206-208 Section VIII:210-211-213-214-215-216-217-219-220-222-223-224-225-227-228-230-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-249-250 251- 252-253-254-255-257-258-259-260-261-263-264-266 Section IX: 271-272-273-274-275-276-277-278-281-282-283-284-285 Section X: 290-298-299-300 Section XI: 304-305-306-307-308-309-310-311-312-313-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-333-334-335-336-337-338-339-340-341-342-343-344-346-347-348-349-351-352-353-354-357-358-359-360-361-362-365-366-367 Section XII:374-377-383-384-385-387-391-393-394-395-396-397-399-400-402 Section XIII:403-404-405-407-414-415-416-417-421-422-423 - 424- 425-426-427-428-429-430-435-436-437-438-439-440-441-442-443-444-447-448-449-450-451- 452-455-456-457-458-461- 462- 463-464 2 – SNELL'S Clinical Neuroanatomy (Eighth Edition) : 4-5-6-7-8-9-10-11-12-13-14-15-16-17 3 - Merritt's Neurology / 2021 (Fourteenth Edition) : 4 - 5 - 10 - 11 - 12 - 14 -15 - 16 -17- 19- 20- 26 -27- 29 - 32 -36 -37- 43- 44 - 45 -51- 52- 53 - 54 - 56 - 62 - 71- 72- 73- 78- 79- 80- 81- 82-88- 89 -93- 94 – 112- 115- 118- 146- 147 4 - Medical Physiology Guyton / 2021 (Fourteenth Edition) : 46 -47-48-52-53 -54 - 55-56-57-58-59-61
	Journal : Contemporary Neurosurgery / Spine From July 2023 to June 2026

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : چشم پزشکی	توضیحات
۱۹	کتاب: تمام فصول جلد ۱ تا ۱۳ کتابهای آکادمی چشم پزشکی آمریکا سال انتشار ۲۰۲۶-۲۰۲۵	

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : رادیوآنکولوژی	توضیحات
۲۰	کتاب:	1- Cancer Principles & Practice of Oncology/ Vincent T. Devita / Lippincott/ 2023 2- Principles and Practice of Radiation Oncology/ Carlos A. Perez / Lippincott /2026 3- The Physics of Radiation Therapy/ Faiz khan/ Lippincott/ 2020 4- Radiobiology for the Radiologist/ Eric J. Hall/ Lippincott /2019
	مجلات:	1- Journal of Clinical Oncology 2-Radiotherapy & Oncology (ESTRO) ارگان انجمن اروپایی رادیوتراپی و آنکولوژی 3 – Clinical Oncology (Royal College of Radiologists) انگلستان 4 – ESMO Clinical Practice Guidelines (www.esmo.org) 5 – ASCO Clinical Practice Guidelines (www.asco.org) 6 – NCCN Clinical Practice Guidelines (www.nccn.org)

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : رادیولوژی	توضیحات
۲۱	کتاب	همه فصول
		چاپ ۲۰۲۱ 1-Grainger & Alison's Diagnostic Radiology
		چاپ ۲۰۲۰ 2-Musculoskeletal MRI (3 Rd edition Kaplan)
		3- Diagnostic ultrasound /CM Rumak /2024
		4- Sectional Anatomy for imaging Professionals /Kelley and Petersen /2018
		OSCE همه فصول برای امتحان
	مجله	فصول : ۱، ۲، ۴، ۵، ۱۰، ۱۳، زیر مجموعه ۲۱ (۲۱.۱، ۲۱.۲، ۲۱.۸، ۲۱.۱۳)
		A. Resident Article , CME شش ماهه اول سال ۲۰۲۵ B. Review Article مقالات سال ۱۴۰۴
		A-Radiographics B-Iranian Journal of Radiology

رديف	رشته
۲۲	روانپزشکی

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی رشته روانپزشکی در سال ۱۴۰۶ شامل تمام یا بخشی از یازده مورد به شرح زیر است:

1- Boland R, Verduin ML, Ruiz P. Kaplan & Sadock's **Synopsis of Psychiatry**. 12th ed. Philadelphia: Wolters Kluwer; 2022.

توضیح: فصل های زیر جزو منابع آزمون هستند:

- Chapter 2. Neurodevelopmental Disorders and Other Childhood Disorders
- Chapter 4. Substance Use and Addictive Disorders
- Chapter 11. Dissociative Disorders
- Chapter 12. Somatic Symptom and Related Disorders
- Chapter 13. Feeding and Eating Disorders
- Chapter 14. Elimination Disorders
- Chapter 15. Sleep-Wake Disorders*
- Chapter 16. Human Sexuality and Sexual Dysfunctions
- Chapter 17. Gender Dysphoria, Gender Identity, and Related Conditions
- Chapter 18. Disruptive, Impulse-Control, and Conduct Disorders
- Chapter 19. Personality Disorders
- Chapter 20. Other Conditions that May be a Focus of Clinical Attention
- Chapter 23. Psychotherapy
- Chapter 24. Psychiatric Rehabilitation and Other Interventions
- Chapter 25.3 Psychiatric Emergencies
- Chapter 26. Level of Care
- Chapter 30. Community Psychiatry
- Chapter 32.1 Infant, Child, and Adolescent Development
- Chapter 32.2 Adulthood

- Chapter 33. Contributions from the Neurosciences
- Chapter 34.2 Normality and Mental Health
- Chapter 34.4 Theories of Personality and Psychopathology
- Chapter 35. A Brief History of Psychiatry

*تبصره: تمامی فصل ۱۵ بهجز مبحث «Insomnia Disorder» جزو منابع آزمون است.

2- Boland RJ, Verduin ML, Ruiz P. Kaplan & Sadock's Comprehensive Textbook of Psychiatry. 11th ed. Philadelphia: Wolters Kluwer; 2024.

توضیح: فصل های زیر جزو منابع آزمون هستند:

- Chapter 2- Neuropsychiatry and Behavioral Neurology
- Chapter 12- Schizophrenia and Other Psychotic Disorders
- Chapter 13- Mood Disorders
- Chapter 14- Anxiety Disorders
- Chapter 15- Obsessive-Compulsive and Related Disorders
- Chapter 17- Post-Traumatic Stress Disorder
- Chapter 23- Sleep Disorders *
- Chapter 25- Adjustment Disorders
- Chapter 27- Consultation-Liaison Psychiatry and Psychosomatic Medicine

*تبصره: از فصل ۲۳ فقط مبحث «Insomnia Disorder» جزو منابع آزمون است.

3- Tasman A, Riba MB, Alarcón RD, Alfonso CA, Kanba S, Lecic-Tosevski D, Ndeti DM, Ng CH, Schulze TG, editors. Tasman's Psychiatry. 5th ed. Cham: Springer; 2024.

توضیح: فصل ها و بخش های زیر جزو منابع آزمون هستند:

- Section I- Approaches to the Patient (Chapters 1, 2, 3, 4, 5, and 6):
 - Chapter 1- Listening to The Patient
 - Chapter 2- Cultural and Social Context of Clinical Assessment
 - Chapter 3- The Physician-Patient Relationship
 - Chapter 4- The Psychiatric Interview: General Structures and Techniques
 - Chapter 5- The Psychiatric Interview: Adapting to Diverse Settings

Chapter 6- Professional Ethics and Boundaries

- Section II- Human Development Through the Life Cycle (Chapter 14):
Chapter 14- Late life development
- Section III- Neuroscientific Foundations of Psychiatry (Chapter 29):
Chapter 29- Neurobiology of Dementia and Other Neurodegenerative Disorders
- Section IV- The Psychological and Social Scientific Foundations of Psychiatry
- Section V- Evaluation and Assessment in Psychiatry
- Section VI- Disorders (Chapter 95):
Chapter 95- Neurocognitive Disorders
- Section IX- Pharmacological and Other Somatic Treatments
- Section X- Consultation Liaison and Collaborative Care in Medical Illness and Comorbid Psychiatric and Medical Illnesses (Chapter 143):
Chapter 143- Collaborative Care and Geriatric Psychiatry
- Section XI- Treatment Issues in Specific Populations and Settings (Chapters 150, and 151):
Chapter 150- Intimate Partner and Sexual Violence
Chapter 151- Managing Psychological Consequences in Disaster Populations
- Section XIV- Appendices (Chapter 167):
Chapter 167- Research Methodology and Statistics

4- Beck JS. **Cognitive Behavior Therapy: Basics and Beyond**. 3rd ed. New York: Guilford Press; 2021.

5- Gabbard GO. **Long-Term Psychodynamic Psychotherapy: A Basic Text**. 3rd rev. ed. Washington, DC: American Psychiatric Association Publishing; 2017.

- ۶- دالکی ش. دیدگاهی نو به روان پزشکی قانونی. چاپ اول. تهران: مرکز تحقیقات پزشکی قانونی؛ ۱۴۰۰.
- ۷- گابارد گ، رابرتز ل و، کریسپ-هان ه، بال و، هابدی گ، راشل ف. تعهد حرفه ای در روان پزشکی. ترجمه کمیته اخلاق و قانون انجمن علمی روان پزشکان ایران. چاپ اول. تهران: انتشارات ارجمند؛ ۱۴۰۰.
- ۸- انجمن علمی روان پزشکان ایران. منشور اخلاق حرفه ای روان پزشکی در ایران. ویراست اول. ۱۳۹۴. مصوب مجمع عمومی انجمن علمی روان پزشکان ایران.
- ۹- وزارت بهداشت، درمان و آموزش پزشکی، معاونت درمان. بومی سازی راهنمای بالینی افسردگی بزرگسالان ایرانی. ۱۴۰۱.
- ۱۰- وزارت بهداشت، درمان و آموزش پزشکی، معاونت درمان. شناسنامه و استاندارد خدمت تحریک مغناطیسی مغزی فراجمعه ای مکرر (آر تی ام اس). ۱۴۰۳.
- ۱۱- مقاله:

Hirschberger G. **Collective trauma and the social construction of meaning**. Front Psychol. 2018;9:1441.

توضیح :

- ۱- در صورت وجود اختلاف بین منابع، در صورتی که در سؤال منبع مشخصی ذکر نشده باشد، ملاک پاسخ، منبع جدیدتر خواهد بود.
- ۲- حداکثر ده سؤال از آزمون کتبی می‌تواند کاملاً به زبان انگلیسی ارائه شود.
- ۳- آزمون عملی بر اساس روش‌های متنوع و استاندارد ارزیابی مهارت‌های بالینی برگزار خواهد شد.

ردیف	رشته : زنان و زایمان	توضیحات
۲۳	کتاب	بجز فصول : ۱، ۵، ۳۸ و ۳۹ از کتاب ویلیامز ۲۰۲۲
		1 - Williams obstetrics // MC. Graw Hill /2022
		بجز فصول ۳، ۷، ۹، ۱۰، ۱۴، ۱۵، ۱۶، ۱۸، ۲۰، ۲۴، ۳۱، ۳۵، ۳۸، ۴۱، ۴۲ از کتاب تلیندز ۲۰۲۴
		2 - Telindes (operative gynecology / 13 th Edition / Williams and Wilkins / 2024
	مجله	بجز فصول: ۶، ۱۷، ۱۸، ۲۰، ۲۳، ۲۴، ۲۸، ۳۶ از کتاب نواک ۲۰۲۶
		3- Berek & Novaks Gynecology / 17 th edition / Williams &Wilkins /2026
	مجله	بجز فصول: ۱، ۴، ۷، ۸، ۱۶، ۲۴، ۲۵، ۲۶، ۲۷ از کتاب (۲۰۲۶) sperrof (چاپ دهم) ۲۰۲۵
		4- Cilinical Gynecology Endocrinolgy and Infertility (Sperrof) Williams &Wilkins /2025
		1- راهنمای کشوری ارائه خدمات مامایی و زایمان (بازنگری چهارم) Up to Date 2026 - 2 1- Cervical cytology: Evaluation of atypical and malignant glandular cells 2- Cervical cancer screening: The cytology and HPV 3- Fetal growth restriction: Evaluation 4- Postpartum hemorrhage: Management approaches requiring laparotomy 5- Adnexal mass" Evaluation and management in pregnancy 6- Pregnancy in adolescents 7- Advancing maternal age: Pregnancy outcomes and managment

Rosen's Emergency Medicine Concepts and Clinical Practice 10th edition

•Fundamental Clinical Concept

• Section One: Resuscitation and Analgesia

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• Section two: signs, symptoms and presentations:

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•Trauma

• Section one: General Concepts and System Injuries:

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• Section two Orthopedic Lesions :

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• Section three: : Soft tissue injury :

Chapter 52

• Emergency Medicine by System

• Section one: Head and Neck Disorder:

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• Section two: Pulmonary System :

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• Section six: Genitourinary and Gynecologic System :

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• Section Seven: Neurology :

Chapter 87 – 95

• Section Eighth: Psychiatric and Behavioral Disorders :

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• Section Nine: Immunologic and Inflammatory :

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• Section Ten: Hematology and Oncology :

Chapter 108 – 112

• Section Eleven: Metabolism and Endocrinology:

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• Section Twelve: Infectious Diseases

Chapter 118 – 127

Special Population

• Section Two: Pregnant Patient

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•Section Three: Geriatric Patient

• Section three: Cardiac System : Chapter 64 – 69 • Section Four: Vascular System : Chapter 70 – 74 • Section Five: Gastrointestinal System : Chapter 75 – 82	Chapter 178 – 181 • Section Four: Special Clinical circumstance Chapter 182,182,183,184,185,191,192
Clinical Procedure in Emergency Medicine Roberts and Hedjes 8th edition (2026)	
• Section I: Vital Signs and patient monitoring technique – Chapter 1 , 2 • Section II: Respiratory procedure – Chapter 6- 10 • Section III: Cardiac procedure – Chapter 14 , 15 , 16 • Section IV: Vascular technique and Valium support – Chapter 19- 26 • Section V: Anesthetic and analgesic technique – Chapter 29 – 32	• Section VI: Soft tissue Procedure – Chapter 34 – 37 • Section VII: Gastrointestinal Procedure – Chapter 40- 46 • Section VIII: Musculoskeletal Procedure – Chapter 47 ,48 ,50 , 51, 54 • Section IX: Genitourinary, Obstetric and Gynecologic procedure – Chapter 56, 57, 58 • Section X: Neurologic procedure – Chapter 60, 61

American Heart Association (AHA) 2025

Part 1: Executive Summary

Part 2: Evidence Evaluation and Guidelines Development

Part 3: Ethics

Part 4: System of care

Part 5: Neonatal Resuscitation

Part 6: Pediatric Basic Life Support

Part 7: Adult Basic Life Support

Part 8: Pediatric Advanced Life Support

Part 9: Adult Advanced Life Support

Part 10: Adult and pediatric special circumstances of resuscitation

Part 11: Post cardiac arrest care

Part 12: Resuscitation Education Science

Tintinalli's Emergency Medicine A Comprehensive Study Guide 9th edition

Section 1: Prehospital Care

-Chapter 1-4

Section 2: Disaster Management

-Chapter 5-10

Section 11: Pediatrics

- Chapter 106 -107, 116-140, 142-150

Section 15: Toxicology

- Chapter 176 – 207

Section 16: Environmental Injuries

- Chapter 208 – 222

Strauss and Meyers Emergency Department Management (2014)

Section 1: Leadership principals
-Chapter 1, 2, 4, 7, 8, 9, 12, 13

Section 2: Operation: General
-Chapter 22, 23, 24, 25, 28

Section 3: Operation: Flow
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Section 5: Operation: Informatics
-Chapter 64

Section 6: quality and service
-Chapter 68

Section 10: Legal and regulatory issue
-Chapter 90, 91, 92, 93

Section 11: Malpractice
-Chapter 94 - 98

Emergency point of care ultrasound (second edition 2017)

Part 1: Physics
– Chapter 1

Part 2: Ultrasound by Region
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Part 3: Ultrasound by Region
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Part 4: Adjunct to Practical Procedures
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کتاب طب مبتنی بر شواهد

چاپ اول ۱۳۹۹

انتشارات آرتین طب

تالیف: دکتر علی بیداری، دکتر مهیا نادرخانی، دکتر مائده اثنی عشری، دکتر الهام طلاچیان، آناهیتا صدری

فصول:

- فصل اول: مفاهیم آماری
- فصل دوم: شاخصهای تشخیصی
- فصل سوم: نمونه گیری
- فصل چهارم: انواع مطالعات در پزشکی
- فصل پنجم: پزشکی مبتنی بر شواهد
- فصل ششم: روشهای جستجو در منابع علمی
- فصل هفتم: ارزیابی نقادانه مقاله
- فصل هشتم: خطاها و تورش های مطالعه

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : طب سالمندان	توضیحات
۲۵	کتاب:	1 – Hazzard's Geriatric Medicine ۲۰۲۳ .

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

ردیف	رشته : طب فیزیکی و توانبخشی	توضیحات
۲۶	کتاب:	1- Braddom's Physical Medicine and Rehabilitation/David X. Cifu /Elsevier, 6 th edition, 2026 به استثنای فصول ۳ و ۴ و ۵ و ۶ و ۷ و ۸ و ۱۴ و ۱۵ و ۱۸ و ۱۹ و ۲۰ و ۲۱ و ۲۳ و ۲۷ و ۲۹ و ۳۵ و ۳۶ و ۳۷ و ۴۴ و ۴۵ و ۵۰ 2- Delisa's Physical Medicine & Rehabilitation/Walter R. Frontera/Lippincott Williams & Wilkins, 6th edition, 2019 فقط فصول ۵ و ۶ و ۷ و ۹ و ۱۳ و ۱۵ و ۱۸ و ۲۱ و ۲۸ و ۳۳ و ۳۶ و ۳۸ و ۴۰ و ۴۹ و ۵۰ و ۵۲ و ۵۳ و ۵۴ و ۵۸ (همراه با فصل ۴ از چاپ چهارم سال ۲۰۰۵) 3-Electrodiagnostic Medicine /Daniel Dumitru, Anthony A. Amato, Machiel Zwarts/ Hanley & Belfus, 2nd edition 2001 به استثنای فصول ۲۵ و ۲۶ و ۲۷ و ۲۸ 4- Electromyography and Neuromuscular Disorder/ BarbaraE.shapiro 4th edittion,2021 فقط بخشهای ۳۷ و ۳۸ و ۳۹ و ۴۰ ۵- ژورنالهای انتخاب شده جهت مبحث الکترودیagnoz و بیماریها بر اساس عناوین اعلام شده: ۶- گایدلاین استئوپروز اعلام شده Clinical guideline for the prevention and treatment of osteoporosis 7- Basics of Musculoskeletal Ultrasound, James M, Daniels second edition(All chapters), Springer 2021 8- Essentials Of Physical Medicine And Rehabilitation/Walter R. Frontera, Julie K. Silver, Thomas D. Rizzo Jr./Saunders, 3rd edition, 2026 بخش اندام تحتانی تمام فصول (از صفحه ۳۹۱ تا ۵۲۲) و بخش اندام فوقانی فصل ۱۰ تا ۴۱ (صفحه ۴۶ تا ۲۲۷) و تمام بخش pain از صفحه ۵۱۷ تا ۶۴۸ و فصول ۱۳۸ و ۱۳۹ 9- Hollinshead's Functional Anatomy of the Limbs & Back/David B. Jenkins/Saunders, 9th edition, 2008 10- Brunnstrom's Clinical Kinesiology/Peggy A. Houglum, Dolores B. Bertoti/F.A. Davis Company, 6th edition, 2012

منابع آزمون های ارتقاء، گواهینامه و دانشنامه تخصصی ۱۴۰۶

	1-Archives of Physical Medicine & Rehabilitation /May 2026-May 2027 2- American Journal of Physical Medicine & Rehabilitation/ May 2026-May 2027	منحصرا مقالات (Systemi Review , Meta Analysis) منحصرا مقالات (Systemi Review , Meta Analysis)	مجلات:
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ردیف	رشته: طب کار	توضیحات
۲۷	کتاب	همه فصول به جز: ۱۸، ۱۹، ۴۴، ۴۵، ۴۸
		همه فصول به جز: ۲، ۳، ۱۲
		فصول ۱، ۲، ۳، ۴، ۵، ۱۱، ۱۲، ۱۴، ۱۵، ۱۶، ۲۰، ۲۲
		فصول: ۲، ۳، ۵، ۸، ۱۵، ۱۸، ۱۹ و ۲۹
		فصول: ۳، ۴، ۶، ۸، ۱۰ و ۱۲
		فصول ۱، ۲، ۵ و ۱۷
		فصول ۴، ۱۶، ۱۷، ۱۸، ۱۹، ۲۰، ۲۶، ۲۸، ۳۰ و ۳۱
		Section 9/ Legal aspects in Sleep Medicine (فقط فصل ۷۵) Section 10/ Occupational Sleep Medicine (فقط فصول ۷۸، ۷۹، ۸۱، ۸۶، ۸۸) Section 15/ Sleep breathing disorders (فقط فصول ۱۲۴، ۱۲۵، ۱۳۱، ۱۳۲)
	قوانین و دستورالعمل ها	همه فصول
		کل دستورالعمل
		دستورالعمل اجرایی نحوه انجام معاینات پزشکی و ضوابط صدور کارت سلامت رانندگان (مصوب وزارت بهداشت درمان و آموزش پزشکی) / آخرین ویرایش

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کل آیین نامه	آیین نامه بهداشتی حمل دستی بار (مصوب وزارت بهداشت و آموزش پزشکی) / آخرین ویرایش	
کل آیین نامه	آیین نامه کمیته حفاظت فنی و بهداشت کار / آخرین ویرایش	
- General considerations for lung function testing - Standardization of spirometry - Standardization of the measurement of lung volumes - Interpretative strategies for lung function tests	دستورالعمل های ATS در مورد تستهای عملکرد ریوی / آخرین ویرایش	
مواد ۱- ۶، ۲۹- ۳۲، ۵۱- ۶۱، ۷۵- ۸۴، ۸۵- ۱۰۶	قانون کار جمهوری اسلامی ایران / آخرین مصوبات	
منحصراً "مقالات مروری و سیستماتیک Review سه سال آخر به استثناء شش ماه قبل از آزمون	Oxford Occupational Medicine	مجله

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ردیف	رشته : کودکان	توضیحات
۲۸	کتاب:	برای آزمون ارتقاء: 1- Nelson Textbook of Pediatrics /Behrman / Kliegman / W.B. Saunders /2025 / 22 edition 2- Handbook of Breastfeeding for Physicians / American Academy of Pediatrics/ 2022 ۳- راهنمای جامعه مراقبت های ادغام یافته کودک سالم، ۱۳۹۹ ۴- برنامه و راهنمای ایمن سازی، چاپ ۱۴۰۳ ۵- درسنامه مراقبت های حیاتی و احیای پیشرفته کودکان - تألیف وزارت بهداشت، درمان و آموزش پزشکی - اداره سلامت کودکان -۱۴۰۱ ۶- درسنامه احیاء نوزاد - Textbook (NRP) - انجمن پزشکان نوزادان ایران با همکاری اداره سلامت نوزادان - چاپ سال ۲۰۲۱ برای آزمون گواهینامه و دانشنامه تخصصی: 1- Nelson Textbook of Pediatrics / Behrman / Kliegman / W.B. Saunders / 2025/ 22 edition 2- Handbook of Breastfeeding for Physicians / American Academy of Pediatrics/ 2022 ۳- برنامه و راهنمای ایمن سازی، چاپ ۱۴۰۳ ۴- درسنامه مراقبت های حیاتی و احیای پیشرفته کودکان - تألیف وزارت بهداشت، درمان و آموزش پزشکی - اداره سلامت کودکان - چاپ سال ۱۴۰۱ ۵- درسنامه احیاء نوزاد - Textbook (NRP) - انجمن پزشکان نوزادان ایران با همکاری اداره سلامت نوزادان - چاپ ۲۰۲۱ برای امتحان شفاهی: ۶- Pediatric Decision-Making Strategies/ Second edition/ 2016 بعلاوه تمام منابع ذکر شده برای امتحان کتبی دانشنامه

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ردیف	رشته : گوش ، گلو ، بینی و جراحی سر و گردن	توضیحات
۲۹	کتاب:	- Cummings Otolaryngology, Head & Neck Surgery/ Paul W. Flint Howard W. Francis / ELSEVIER / 8 th Edition/ 2025
	مجلات:	1- Laryngoscope/ Lippincott/ Raven/ 2- Otolaryngology Head and Neck surgery (American academy OHNS) منحصرأ مقالات مروری و سیستماتیک Review سه سال آخر به استثناء نه ماه قبل از آزمون